APEC 倡議 4E(飲食、運動、生態、經濟)實現星球健康之國際研討會

議程

2022 年 3 月 17 日 星期四 | 時區：GMT+8

時間	主題	講者
08:30-09:30	實體與會報到	
09:30-09:40	開幕致詞	**石崇良常務次長** 衛生福利部
09:40-09:45	大合照	
09:45-10:15	**大會演講** 創造幸福社會：21 世紀的健康挑戰	**Trevor Hancock 名譽教授** 加拿大維多利亞大學公共衛生暨社會政策學院
10:20-11:40	**主題演講 1：攜手展現「綠食力」，共享宜居地球**	
	主持人：**潘文涵特聘研究員/** 中央研究院	
10:20-10:40	兩全其美的方法: 個人健康與星球健康的植物性飲食	**林名男副院長** 大林慈濟醫院
10:40-11:00	講題 2	**Courtney Howard 臨床副教授** 加拿大卡爾加里大學醫學院
11:00-11:20	建構健康且永續飲食的路徑	**Walter C. Willett 教授** 美國哈佛公共衛生學院
11:20-11:40	綜合討論	
11:40-13:00	午餐	
13:00-14:20	**主題演講 2：運動產業的綠色行動與創新**	
	主持人：**謝英士董事長/** 環境品質文教基金會	
13:00-13:20	結合科技賦能與健康教練，提升長者生活智慧及品質	**Theng Yin Leng 副教務長** 新加坡南洋理工大學
13:20-13:40	泰國國家級身體活動促進策略分享	**Udom Asawutmangkul 組長** 泰國公共衛生部健康署身體活動與健康組
13:40-14:00	運動產業之數位化與永續性	**相子元教授** 國立臺灣師範大學運動競技學系
14:00-14:20	綜合討論	
14:20-14:30	中場休息	
14:30-15:50	**主題演講 3：官方代表及民間團體分享**	
	主持人：**蘇慧貞校長/** 國立成功大學	
14:30-14:50	健康生活型態促進運動：泰國經驗	**Pairoj Saonuam 助理執行長** 泰國健康促進基金會
14:50-15:10	講題 2	**Erna Mulati 司長** 印尼衛生部公共營養及婦幼健康司
15:10-15:30	推動全民綠生活	**簡慧貞處長** 行政院環境保護署
15:30-15:50	綜合討論	
15:50-16:00	閉幕致詞	**吳昭軍署長** 國民健康署

APEC Conference on Achieving One Planet from 4E: Eat, Exercise, Ecology, Economics

Agenda

Date: Thursday, 17th March, 2022 | Time Zone: GMT+8

Time	Topic	Speaker
08:30-09:30	Registration	
09:30-09:40	Opening Remarks	**Dr. Chung-Liang Shih** Vice Minister, Ministry of Health and Welfare, Chinese Taipei
09:40-09:45	Group Photo	
09:45-10:15	**Keynote Speech** Creating Well-Being Societies: The Health Challenge of the 21st Century	**Prof. Trevor Hancock** Professor Emeritus, School of Public Health and Social Policy, University of Victoria, Canada
10:20-11:40	**Plenary 1: Join for Demonstrating the "Green Eating Power" and Sharing the Livable Planet**	
	Moderator: **Dr. Wen-Harn Pan**, Distinguished Research Fellow, Academia Sinica, Chinese Taipei	
10:20-10:40	One Action, Two Functions- Plant-Based Diet for Personal Health and Planetary Health	**Dr. Ming-Nan Lin** Vice Superintendent, Buddhist Tzu Chi Medical Foundation Dalin Tzu Chi Hospital, Chinese Taipei
10:40-11:00	Topic 2	**Dr. Courtney Howard** Clinical Associate Professor, Cumming School of Medicine, University of Calgary, Canada
11:00-11:20	Creating a Path for Healthy, Sustainable Diets	**Prof. Walter C. Willett** Professor, Epidemiology and Nutrition, Harvard T.H. Chan School of Public Health, United States
11:20-11:40	Panel Discussion	
11:40-13:00	Lunch	
13:00-14:20	**Plenary 2: The Green Action Plan and Innovation of Sport Industry**	
	Moderator: **Dr. Ying-Shih Hsieh**, Chair, The Environmental Quality Protection Foundation (EQPF), Chinese Taipei	
13:00-13:20	Elderly-Centred Technology-Enablers and Health Coaches for Living Well, Ageing Well and Ageing Smart	**Prof. Theng Yin Leng** Associate Provost (Faculty Affairs), President's Office, Nanyang Technological University (NTU), Singapore
13:20-13:40	National Physical Activity Promotion Strategy and Campaign: Lesson learned from Thailand	**Dr. Udom Asawutmangkul** Director, Division of Physical Activity and Health, Department of Health, Ministry of Public Health, Thailand
13:40-14:00	The Digitalization and Sustainability of Sport Industry	**Prof. Tzyy-Yuang Shiang** Distinguished Professor, Department of Athletic Performance, National Taiwan Normal University, Chinese Taipei
14:00-14:20	Panel Discussion	
14:20-14:30	Coffee Break	
14:30-15:50	**Plenary 3: Case Sharing from Official and Private Representatives**	
	Moderator: **Prof. Huey-Jen Jenny Su**, President, National Cheng Kung University, Chinese Taipei	
14:30-14:50	Healthy Lifestyle Promotion Movement: Thailand Experience	**Dr. Pairoj Saonuam** Assistant CEO, Thai Health Promotion Foundation, Thailand
14:50-15:10	Topic 2	**Dr. Erna Mulati** Director, Public Nutrition, Mother and Child Health, Ministry of Health, Indonesia
15:10-15:30	Promoting Green Life for All	**Dr. Huei-Jen Chien** Director, Environmental Protection Administration, Executive Yuan, Chinese Taipei
15:30-15:50	Panel Discussion	
15:50-16:00	Closing Remarks	**Dr. Chao-Chun Wu** Director-General, Health Promotion Administration, Ministry of Health and Welfare, Chinese Taipei